

HEALING WITH JAPANESE COSMO LIFTING

During a Japanese Cosmo Lifting treatment, the body is able to relax and receive the stimulus of the treatment on a deeper level, achieving a physical, chemical and emotional balance a lot faster. Immediately the effects of the therapy are reflected in the face skin.

Here are some of the many benefits of Japanese Cosmo Lifting treatments:

- ◆ Rejuvenates the face, toning and tightening hanging skin or deep wrinkles
- ◆ Has the effect of illuminating and refreshing the skin
- ◆ Helps to eliminate pigmentation spots and acne
- ◆ Improves health by a deep stimulation of acupuncture points that also influences the emotional state
- ◆ Helps you look younger
- ◆ Eliminates toxins
- ◆ Energises the entire body
- ◆ And many more

To achieve maximum benefits, a series of sessions over a 4-week period are necessary. After your first Japanese Cosmo Lifting session, you will immediately see your face start to look younger, firmer, plumper and more alive.

Sessions are available in Abu Dhabi, UAE. Packages are available.

JAPANESE COSMO LIFTING

*Younger Looking Skin,
Naturally*

ABOUT JULIE GREENHALGH

Over ten years ago, Julie began her healing journey with the study of Shiatsu, and has since trained and graduated in many other complimentary healing modalities including Japanese Cosmo Lifting, Facial & Foot Reflexology, Reiki, Jin Shin Jyutsu, Quantum Touch, Stress Management and Hatha Yoga.

Based in Abu Dhabi, Julie is uniquely positioned as the only qualified Trainer in Japanese Cosmo Lifting Specialist and Facial Reflexology in the United Arab Emirates, Bahrain and Qatar.

Julie often uses both Japanese Cosmo Lifting and Facial Reflexology as combination treatments for the total mind, body and spirit experience. She also offers treatments in other healing modalities as well as private yoga tuition.

In the field of healing arts, she is a qualified:

Facial Reflexologist

Japanese Cosmo Lifting Practitioner

Foot Reflexologist - C.H.Ed (Dip Reflex)

Reiki Master/Teacher

Stress Management Therapist - S.N.H.S Dip (Stress Management)

Jin Shin Jyutsu Therapist

Quantum Touch Practitioner

Hatha Yoga Teacher

Julie will be holding introductory workshops and training programmes in the UAE in the near future. To subscribe to Julie's mailing list about up coming events, please visit her web site.

FOR MORE INFORMATION OR TO BOOK AN
APPOINTMENT, PLEASE CONTACT

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